



My 4-H Year Summary Book

Senior & Intermediate
(11-18)

Project: _____

Years in Project: _____

Project: _____

Years in Project: _____

Project: _____

Years in Project: _____

Project: _____

Years in Project: _____

Name: _____

County: _____

Age: _____

Years in 4-H: _____

Mailing address: _____

Club Name: _____

Leader Name: _____

Parent/Guardian Name: _____



I, _____, have completed this myself and it is a true record of my 4-H year.

Your signature: _____

Parent/Guardian Signature: _____

Leader Signature: _____

Date: _____

My 4-H Goals

At the beginning of the 4-H year it is a great idea to create some goals that you would like to accomplish throughout the year.

Goals – things you would like to learn that will help you in the future

Goal #1: _____

Goal #2: _____

Goal #3: _____

Goal #4: _____

Challenges in my projects

Along the way you are probably going to run into some challenges in your project areas. Tell us what some of those challenges were.

Challenge – something that makes it hard for you to achieve your goals

Challenge #1: _____

Challenge #2: _____

Challenge #3: _____

Challenge #4: _____

My 4-H Accomplishments

By the end of your projects you hopefully will have met your goals and maybe some goals you have added along the way. Tell us about those accomplishments, if you didn't meet your goals tell why you think you were not able to achieve them.

Accomplishment - how you reached a goal successfully

Accomplishment #1: _____

Accomplishment #2: _____

Accomplishment #3: _____

Accomplishment #4: _____

My Overall 4-H Awards and Recognition

List any awards, medals, trips or other recognition you have received for your 4-H work this year.

Awards/Recognition #1: _____

Awards/Recognition #2: _____

Awards/Recognition #3: _____

Awards/Recognition #4: _____

My 4-H Activities

Throughout your projects you are encouraged to participate in some project related activities.

Activity – demonstrations, talks, exhibits, newspaper articles, tours, workshops, camps, judging events, and field trips. Remember these are to be related to your specific project area.

Date	Activity	Topic	Number of times				
			Club	County	District	State	Other

My 4-H Leadership

Tell us about your leadership experiences

Leadership – you have lead an activity or event or influenced and helped others to do something different/new. Examples: organizing an event, fundraiser, helped younger people or less experienced people

Date	Activity	Number of People				
		Club	County	District	State	Other

My 4-H Citizenship

Tell us about your citizenship/community service experiences.

Citizenship/Community Service –helping the community, a family, or charity, and **not** receiving payment or services in return. Examples: working at a charity event, collecting food, supplies, or clothing to help those less fortunate, picking up trash in a neighborhood, etc.

			Where did this take place		
Date	Activity	What did you do	County	District	State

Offices and Committees

If you held any offices and/or were on any committees, tell us about those.

Offices –President, Vice President, Secretary, Treasurer, etc, for any clubs

Committees –Examples: fundraising committee, community service committee, awards committee, etc.

Club or group name	Position or Committee held	Level

My Involvement Outside of 4-H

Explain any involvement that you have in activities, clubs, organizations outside of 4-H.

Outside Involvement – Anything you participate in that is not 4-H related. Example: FFA, softball, football, choir, honor society, etc.

Name of other involvement	How did you participate

Add additional pages if needed.

If you would like to submit project photos in addition to the ones in your record book, please attach to sheet of paper with a description of what is taking place in the photo.

In order to be in good standing and show under the name of 4-H, this 4-H Year Summary Book AND your 2009 Clay County Fair Livestock Record Book are required to be turned into the 4-H Office no later than 2:00 pm on July 17, 2009.

